
First Sunday in Lent

Sung Eucharist Book of Alternative Services (p. 185)

ANNOUNCEMENTS

LITURGY OF THE WORD

THE LENTEN PROSE

Refrain: **Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.**

INVOCATION

INTROIT SENTENCE

We shall not live by bread alone, but by every word that proceeds from the mouth of God. MATTHEW 4:4

THE GRACE (STAND)

THE CALL TO CONFESSION

SILENCE

KYRIE CONFESSION AND ABSOLUTION (KNEEL OR SIT)

Please say or sing the KYRIE ELEISON after each of the three petitions.

Kyrie Eleison. Christe Eleison. Kyrie Eleison. (MERBECKE: CP 678/HB C177)
or

Lord, have mercy upon us. Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT (STAND)

SILENCE

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE PROCLAMATION OF THE WORD (SIT)

*After each reading, except the psalm, the reader says 'The Word of the Lord' and all respond: **Thanks be to God.***

FIRST READING – 1ST READER

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house. DEUTERONOMY 26:1-11

PSALM – 1ST READER

He who dwells in the shelter of the Most High, abides under the shadow of the Almighty.

He shall say to the Lord, "You are my refuge and my stronghold, my God in whom I put my trust."

Because you have made the Lord your refuge, and the Most High your habitation.

There shall no evil happen to you, neither shall any plague come near your dwelling.

For he shall give his angels charge over you, to keep you in all your ways.

They shall bear you in their hands, lest you dash your foot against a stone.

You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet.

Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my name.

He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honour.

With long life will I satisfy him, and show him my salvation.

PSALM 91:1-2, 9-16

SECOND READING – 2ND READER

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved." ROMANS 10:8b-13

GOSPEL (STAND)

Gospeller: Praise to you, O Lord, King of eternal glory. (CP: 717)

All: Praise to you, O Lord, King of eternal glory.

Gospeller: The Lord is a great God, O that today you would listen to his voice. Harden not your hearts. cf. PSALM 95:3, 8

All: Praise to you, O Lord, King of eternal glory.

Gospeller: The Lord be with you. (TONE - BAS P.920 OR CP: 718)

All: And also with you.

Gospeller: The Holy Gospel of our Lord Jesus Christ according to

All: Glory to you, Lord Jesus Christ.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be

yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

LUKE 4:1-13

Gospeller: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

All: Praise to you, O Lord, King of eternal glory.

SERMON (SIT)

THE NICENE CREED - BAS p.188 (STAND)

Celebrant: We believe in one God,

All: the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE (KNEEL OR SIT)

The response will be announced.

THE PEACE (STAND)

LITURGY OF THE EUCHARIST

OFFERTORY HYMN

Eucharistic Prayer III - BAS p.198 (REMAIN STANDING)

PRAYER OVER THE GIFTS

God of Wisdom, may the light of your eternal word, our Lord and Saviour Jesus Christ, lead us in holiness and guide us to glory; we ask in his name. **Amen**

SURSUM CORDA (MUSIC - BAS P.921)

Celebrant: The Lord be with you.

All: And also with you.

Celebrant: Lift up your hearts.

All: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

THE PREFACE

SANCTUS & BENEDICTUS (MERBECKE: CP 683/ HB C177)

**All: Holy, holy, holy, Lord God of Hosts,
Heaven and earth are full of your glory.**

Glory be to you, O Lord most high.

Blessed is he that comes in the name of the Lord:

Hosanna in the highest.

THE EUCHARISTIC CANON (KNEEL OR STAND)

*Response to: 'Therefore, Father, according to his command' is: **we remember his death, we proclaim his resurrection, we await his coming in glory; & at the end of the Eucharistic Prayer: Amen.***

THE LORD'S PRAYER

Celebrant: As our Saviour taught us, let us pray. Our Father in heaven,

All: hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen

FRACTION SENTENCE

SILENCE

Celebrant: Every time we eat this bread and drink this cup

All: we proclaim the Lord's death until he comes.

AGNUS DEI (MERBECKE: CP 685/ HB C177)

All: Lamb of God, you take away the sin of the world:

Have mercy upon us. Lamb of God, you take away the sin of the world: Have mercy upon us. Lamb of God, you take away the sin of the world: Grant us your peace.

COMMUNION SENTENCE (KNEEL OR SIT)

Celebrant: Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All: Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

COMMUNION

COMMUNION HYMN

PRAYER AFTER COMMUNION (KNEEL OR SIT)

SILENCE

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

BLESSING (KNEEL)

RECESSIONAL HYMN

DISMISSAL (REMAIN STANDING)