
First Sunday in Lent

Sung Eucharist

Book of Alternative Services (p. 185)

ANNOUNCEMENTS

LITURGY OF THE WORD

THE LENTEN PROSE

Refrain: **Hear us, O Lord, have mercy upon us: for we have sinn'd against thee.**

INVOCATION

INTROIT SENTENCE

We shall not live by bread alone, but by every word that proceeds from the mouth of God.

MATTHEW 4:4

THE GRACE

(STAND)

THE CALL TO CONFESSION

SILENCE

KYRIE CONFESSION AND ABSOLUTION

(KNEEL OR SIT)

Please say or sing the KYRIE ELEISON after each of the three petitions.

Kyrie Eleison. Christe Eleison. Kyrie Eleison. (MERBECKE: CP 678/HB C177)
or

Lord, have mercy upon us. Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT

(STAND)

SILENCE

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE PROCLAMATION OF THE WORD

(SIT)

*After each reading, except the psalm, the reader says 'The Word of the Lord' and all respond: **Thanks be to God.***

First Reading – 1st Reader

Then God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants

after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth." GENESIS 9:8-17

PSALM – 1ST READER

To you, O Lord, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me.

Let none who look to you be put to shame; let the treacherous be disappointed in their schemes.

Show me your ways, O Lord, and teach me your paths.

Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long.

Remember, O Lord, your compassion and love, for they are from everlasting.

Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord.

Gracious and upright is the Lord; therefore he teaches sinners in his way.

He guides the humble in doing right and teaches his way to the lowly.

All the paths of the Lord are love and faithfulness to those who keep his covenant and his testimonies. PSALM 25:1-9

Second Reading – 2nd Reader

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him. 1 PETER 3:18-22

GOSPEL

(STAND)

Gospeller: Praise to you, O Lord, King of eternal glory. (CP: 717)

All: Praise to you, O Lord, King of eternal glory.

Gospeller: The Lord is a great God, O that today you would listen to his voice. Harden not your hearts. CF. PSALM 95:3, 8

All: Praise to you, O Lord, King of eternal glory.

Gospeller: The Lord be with you. (TONE - BAS P.920 OR CP: 718)

All: And also with you.

Gospeller: The Holy Gospel of our Lord Jesus Christ according to

All: Glory to you, Lord Jesus Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." MARK 1:9-15

Gospeller: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

All: Praise to you, O Lord, King of eternal glory.

SERMON

(SIT)

THE NICENE CREED - BAS p.188 (STAND)

Celebrant: We believe in one God,

All: the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE (KNEEL OR SIT)

The response will be announced.

THE PEACE (STAND)

LITURGY OF THE EUCHARIST

OFFERTORY HYMN

Eucharistic Prayer III - BAS p.198 (REMAIN STANDING)

PRAYER OVER THE GIFTS

God of Wisdom, may the light of your eternal word, our Lord and Saviour Jesus Christ, lead us in holiness and guide us to glory; we ask in his name. **Amen**

SURSUM CORDA (MUSIC - BAS P.921)

Celebrant: The Lord be with you.

All: And also with you.

Celebrant: Lift up your hearts.

All: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

THE PREFACE

SANCTUS & BENEDICTUS (MERBECKE: CP 683/ HB C177)

**All: Holy, holy, holy, Lord God of Hosts,
Heaven and earth are full of your glory.**

Glory be to you, O Lord most high.

Blessed is he that comes in the name of the Lord:

Hosanna in the highest.

THE EUCHARISTIC CANON (KNEEL OR STAND)

*Response to: 'Therefore, Father, according to his command' is: **we remember his death, we proclaim his resurrection, we await his coming in glory; & at the end of the Eucharistic Prayer: Amen.***

THE LORD'S PRAYER

Celebrant: As our Saviour taught us, let us pray. Our Father in heaven,

All: hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen

FRACTION SENTENCE

SILENCE

Celebrant: Every time we eat this bread and drink this cup

All: we proclaim the Lord's death until he comes.

AGNUS DEI (MERBECKE: CP 685/ HB C177)

All: Lamb of God, you take away the sin of the world:

Have mercy upon us. Lamb of God, you take away the sin of the world: Have mercy upon us. Lamb of God, you take away the sin of the world: Grant us your peace.

COMMUNION SENTENCE (KNEEL OR SIT)

Celebrant: Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All: Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

COMMUNION

COMMUNION HYMN

PRAYER AFTER COMMUNION (KNEEL OR SIT)

SILENCE

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

BLESSING (KNEEL)

RECESSIONAL HYMN

DISMISSAL (REMAIN STANDING)