

The Rev'd Canon W. Lynn Dillabough may be reached at 819-239-6902 or lynn@dillabough@gmail.com. If you would like a pastoral visit, please contact Jane Bishop at 819-887-6802 or Canon Lynn.

News and events:

Our happy birthday wishes to Irma Chapman and Leona Coates yesterday, Larry Smyth and Jean Evans tomorrow, Garnet Morrison on Tuesday, and Teresa Jacklin on Friday.

This afternoon, there is an Evensong service at St. George's Lennoxville at 4pm. Coadjutor Bishop-elect, The Venerable Bruce Meyers will be preaching.

Tomorrow Monday, February 8th at St. Paul's Home in Bury 3:00pm monthly worship service. Holy Communion (Reserve Sacrament) led by Serena and Jane as Canon Lynn is away for studies.

Our next Sunday services, February 14th, Service of the Word in St. Paul's Church hall, Bury at 9:30am with Sunday School available, and St. Peter's Cookshire in the hall of Trinity United Church at 11:15am led by Jane & Serena in Bury and Linda in Cookshire.

Sunday, February 21st St. Peter's Cookshire will hold their annual Vestry Meeting after the regular service of Holy Eucharist at approximately 12:15pm. There will be a potluck lunch so please plan to stay for lunch and the meeting.

Lectio Divina on Tuesdays from 9 to 9:55 a.m. in the Upper Room at St George's Church, Lennoxville. This is an open group for anyone who would like to enter holy silence and listen for God speaking in your life.

Ash Wednesday, February 10th services at St Barnabas' Church, North Hatley – 2:00 pm, St George's Church, Lennoxville – 5:00 pm, and Trinity United Church in Cookshire will be hosting an Ash Wednesday Service at 2:30 pm. All are welcome!

Tuesday, February 12th beginning at 9:30 am Adele Finney, the Executive Director of the PWRDF, will be leading a Lenten Reflection called "Edge Habitat" at Trinity Church in Cowansville. Workshop \$10. Coffee & lunch \$10. Register with The Rev. Deacon Judith Ball ([450 292-3555](tel:4502923555)). For more information contact The Rev. Andy O'Donnell wryce@bell.ne

Saturday, February 13th, 11:30am - 1:00pm Valentine Luncheon at St Anne's, Richmond. Come and celebrate Valentine's Day with our annual luncheon. \$10 for adults and \$5 for children. There will be a bazaar table as well as door prizes and a raffle. We would love to see you! **More at the bottom of page 4...**

Sentence: This is my beloved Son, with whom I am well pleased; listen to him. *Matthew 17.5*

Collect: Almighty God, on the holy mount you revealed to chosen witnesses your well-beloved Son, wonderfully transfigured: mercifully deliver us from the darkness of this world, and change us into his likeness from glory to glory; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

- We pray for God's people throughout the world; for Dennis, our Bishop, Lynn, our Priest, Coadjutor Bishop-elect Bruce, and for all in leadership, both lay and ordained. Grant them the gifts of wisdom and courage as they lead the church.

- In our Diocesan Fellowship of prayer, we pray for the Parishes of St. John the Evangelist, Portneuf and St. Bartholomew's, Bourg-Louis, for The Rev. Michel Royer, Canon Graham Jackson, Lay Incumbent, and lay reader Glen Marcotte. We pray for our Companion Dioceses of Moray Ross and Caithness in Scotland and Bishop Mark Strange, and Bujumbura in Burundi and Bishop Eraste Bigirimana.

- In the Provincial Prayer Cycle, we pray for our Primate, Archbishop Fred Hiltz, and the Council of General Synod; in the Anglican Cycle of Prayer, we pray for The Anglican Church of Canada The Most Revd Frederick Hiltz, Primate.

- In the Ecumenical Prayer Cycle we pray for Christian faith communities in Ireland, England, Northern Ireland, Scotland and Wales. We pray for immigrants and asylum seekers; for strength for those who combat racism; for churches trying to be faithful to Christ in the midst of secularization; for those who feel they have been left behind: the homeless and unemployed, those whose education seems inadequate or their skills out of date, and those who are long-term patients in mental hospitals; for those whose industry has been ravaged: the coal miners and slate workers who know of pit and quarry closures and who suffer emphysema, the farm workers who have lost their livelihoods and have seen their communities changed dramatically, the factory workers who have lost their jobs, the young who cannot find work, and the elderly who depend on support in residential homes.

- We pray for our families, friends, and communities; and we ask blessings for Irma Chapman, Leona Coates, Larry Smyth, Jean Evans, Garnet Morrison, and Teresa Jacklin on their birthdays

- We pray for healing and comfort all who are sick or suffering in any way, especially for Joan Dougherty, Robert Coleman, The Ven. Robert Bryan, Dufferin Annesley, and Sandra Hurd.

- We pray for those being affected by the Zike virus, the many babies born with encephalitis and their worried parents; we pray for the Syrian refugees making a new home in Canada; we pray for a world of peace and justice for all. **Amen.**

More News & Events con't from page 1...Every Tuesday - Wales Home, Richmond -Bible Study on the book of Luke from 1:30 – 2:30. All are welcome to this bible study in the 4th floor living room at the Wales Home.

Saturday, February 20th, at 2:00 pm St George's Church Hall, Lennoxville – Deanery Council meeting. All members of the Deanery Council are requested to attend this meeting. You are a voting member of the Council if you attended the last synod. If your congregation did not send a member to the synod, please elect a parochial member to be your representative. At this meeting the Rural Dean, Secretary and Treasurer will be elected. The current officers are willing to continue, but these are elected positions so others are welcome to put their names forward. The Rural Dean must be a member of the Deanery Council, but the Secretary and Treasurer do not need to be. Please send nominations to Ruth Sheeran as nominations will not be received from the floor. The meeting is open to all interested members of the Deanery.

A Reading from the Book of Deuteronomy... When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it,² you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name.³ You shall go to the priest who is in office at that time, and say to him, “Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.”⁴ When the priest takes the basket from your hand and sets it down before the altar of the Lord your God,⁵ you shall make this response before the Lord your God: “A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous.⁶ When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us,⁷ we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression.⁸ The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders;⁹ and he brought us into this place and gave us this land, a land flowing with milk and honey.¹⁰ So now I bring the first of the fruit of the ground that you, O Lord, have given me.” You shall set it down before the Lord your God and bow down before the Lord your God.¹¹ Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house. *Deuteronomy 26:1-11*

Psalm 91:1-2, 9-16 BAS page 828

A Reading from the Letter of Paul to the Romans... “The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim);⁹ because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.¹⁰ For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.¹¹ The scripture says, “No one who believes in him will be put to shame.”¹² For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him.¹³ For, “Everyone who calls on the name of the Lord shall be saved.” *Romans 10:8b-13*

The Holy Gospel of our Lord Jesus Christ according to Luke... Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness,² where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished.³ The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.”⁴ Jesus answered him, “It is written, ‘One does not live by bread alone.’”⁵ Then the devil led him up and showed him in an instant all the kingdoms of the world.⁶ And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please.⁷ If you, then, will worship me, it will all be yours.”⁸ Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’”⁹ Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here,¹⁰ for it is written, ‘He will command his angels concerning you, to protect you,’¹¹ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’”¹² Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’”¹³ When the devil had finished every test, he departed from him until an opportune time. *Luke 4:1-13*

A Short Reflection (Luke 4: 1-13): Temptation. Let me go out on a limb here and say that most of us aren’t tempted to do truly diabolical things, because most of us aren’t diabolical people. I’ve never been tempted to kill anyone, or steal a car, or hurt someone just for the fun of hurting them. But, temptation... ah, don’t fool yourself. We’re all tempted and usually we’re tempted to do things that start out not sounding too bad. Good people, who have good intentions, and yet tempted to do the wrong thing... or maybe to do the right thing? Like Eve, tempted to eat from the Tree of the Knowledge of Good and Evil... so that she could discern what was right and wrong. “Knowledge” isn’t a bad thing, is it? Don’t we try and teach our children the difference between right and wrong? But is it what God wanted for Adam and Eve? Then? In that way? After his baptism, Jesus goes into the wilderness and fasts for forty days. Then he is tempted by Satan. He’s tempted to seek after his own glory and power—diabolical stuff. But, that’s not where Satan starts. He first tempts Jesus to eat some bread, which Jesus can make out of a stone. I mean, why not? Is there anything particularly wrong with that? After fasting for forty days, he can’t eat a little bread? He can change water-into-wine, but stones-into-rocks is out of bounds? But, the real question is—is that what God had in mind for Jesus *on that day*? Was that God’s plan for Jesus right then? Was that how God wanted Jesus to be fed? Obviously not. You see, temptation isn’t just about the desire to stick your hand in the cookie jar. It’s about being led towards disobedience. It’s a lack of discernment—or the willing deviation from the discerned will of God. The Christian life is meant to be a life of seeking after God. Listening for God. Listening **to** God. Following God. And, when following God’s will, sometimes we’ll pass up things that are just fine. But, things which God didn’t have for us to do *this* day, or in *this* particular way. Spiritual maturity looks not just for the things that are passable, or explainable. Not just for the things that will get you into trouble. Spiritual maturity looks for the way that God has set before us, and then we summon the courage to go there—and to ask for God’s help along the way. - Rick Morley

Chuckles: Johnny, a very bright 5 year old, told his daddy he'd like to have a baby brother and along with his request, offered to do whatever he could to help. His dad, a very bright 35 year old, paused for a moment and then replied, "I'll tell you what, Johnny, if you pray every day for two months for a baby brother, I guarantee that God will give you one!" Johnny responded eagerly to his dad's challenge and went to his bedroom early that night to start praying for a baby brother. He prayed every night for a whole month, but after that time, he began to get skeptical. He checked around the neighbourhood and found out that what he thought was going to happen, had never occurred in the history of the neighbourhood. You just don't pray for two months and then, whammo- a new baby brother. So, Johnny quit praying. After another month, Johnny's mother went to the hospital. When she came back home, Johnny's parents called him into the bedroom. He cautiously walked into the room, not expecting to find anything, and there was a little bundle lying right next to his mother. His dad pulled back the blanket and there was -- not one baby brother, but two!! His mother had twins! Johnny's dad looked down at him and said, "Now aren't you glad you prayed?" Johnny hesitated a little and then looked up at his dad and said, "Yes, but aren't you glad I quit when I did?"

A little boy was kneeling beside his bed with his mother and grandmother softly saying his prayers, "Dear God, please bless Mummy and Daddy and all the family and please give me a good night's sleep." Suddenly he looked up and shouted, "And don't forget to give me a bicycle for my birthday!!" "There is no need to shout like that," said his mother. "God isn't deaf." "No," said the little boy, "but Grandma is."

