

## ***Share the Spirit; Spread the Word***

***Wednesday, April 13, 2016***

### ***Episcopal Ordination of the Ven. Bruce Myers, Co-Adjutor Bishop Elect***

The Deanery is organizing a bus to transport deanery members to the Cathedral for the episcopal ordination on Ascension Day, Thursday, May 5<sup>th</sup> at 6:30 pm. The bus will leave at noon to allow sufficient time for supper before the service. There is a reception following the service so the return trip will be late in the evening. The bus will stop in Richmond and Drummondville if required. The cost will depend on the number of participants. Reservations and pre-payment required. Please contact Kay Hartwell for information and to reserve your seat. ([819 349-1971](tel:8193491971)) The more the merrier and the more economical so plan to join us for this happy event.

### ***Saturday, April 16, 8 am – Noon***

St Anne's Church, Richmond – Spring Rummage Sale, 8 am \$3.00 bag sale / 10 am \$5.00 box sale.

### ***Saturday, April 23, 9:30 am – 3:30 pm***

Lennoxville - The Skills of Healing: Care For Others, Care For Yourself. All are welcome to attend as we are all, hopefully, caring for each other and would like to improve our abilities to do this. You do not need to be a member of the Deanery Pastoral Ministry Team. The morning focuses on care for others and some of the skills of listening and being present, as well as some of the practicalities of visiting hospitals and nursing homes, particularly those with dementia, alzheimer's and other diseases that cause confusion. In the afternoon, following a lunch, which is provided thanks to a grant from St Peter's, Sherbrooke, we will focus on caring for yourself. Caregivers can sometimes deplete themselves and we need to learn the skills of proper self-care. Afternoon topics will include setting boundaries with difficult people, as well as ways to alleviate the depression and anxiety that can often occur for caregivers. Workshops will be led by Canon Lynn Dillabough. Lynn taught for several years at St Paul University in the Counselling and Spirituality program, supervising graduate students who were training to become psychotherapists. She also worked for fifteen years as a professional pastoral counsellor and has been invited to lead pastoral care workshops in many congregations. There is no cost for this event, but donations would be welcomed, to offset the cost of future workshops. Please print and distribute the attached poster to your congregations. Please contact Canon Lynn Dillabough to register at [lynnedillabough@gmail.com](mailto:lynnedillabough@gmail.com)

***Thursday, April 28 – Friday, April 29<sup>th</sup>, 10:00 am – 5:00 pm, Saturday, April 30, 8:30 –***

**12:00 noon**

St George's Church Hall, Lennoxville – Rummage Sale, bag sale on Saturday. Articles for sale may be left at the church hall the week of April 24<sup>th</sup>. For big saving do you shopping with us.

**Saturday, April 30, 9:00 am – 1:00 pm**

St Augustine's Church, Danville – Rummage sale.

**Saturday, May 7, 8 am – 2 pm**

Bishop's University - The BU/CRC Refugee Student Sponsorship Committee will be holding their annual large Garage Sale on Saturday, May 7 from 8 am to 2 pm in the Bishop's University W.B. Scott arena (old arena). Donations will be gratefully accepted from April 4, 2016 until May 4, 2016 and can be dropped off at the arena lobby from 8 am to 8 pm (including Saturday and Sunday). Please note we cannot accept tires, mattresses, TVs and very old computer monitors. Thank you very much for your donations, and we hope to see you at the sale on May 7, 2016. For further information please contact Heather Thomson at 819-822-9600 ext. 2718 or [hthomson@ubishops.ca](mailto:hthomson@ubishops.ca)

**Saturday, May 14, 9:30 am – 3:00 pm**

Murray Memorial Hall, Georgeville - The Rt. Rev. Mark MacDonald, the National Indigenous Bishop will be speaking on "The Gospel in Four Directions and New Horizon for Canada." \$10 workshop fee. Lunch and coffee \$10. Registration required at [450 292-3555](tel:450-292-3555). See attached poster.

**Sunday, May 22, 4:00 pm**

St George's Church, Lennoxville – Quarterly service of sung evensong. Refreshments and time of fellowship to follow.

**Friday, May 27, 7:00 pm – Sunday, May 29, 2:00 pm**

St Anne's Church, Richmond - Diocesan Youth Retreat & St Francis Deanery 5th Sunday Service. All youth, 17 and under, are invited for a 2 day retreat which begins on Friday, May 27th at 7pm and ends on Sunday May 29th at 2pm. Youth. Our retreat will end with a youth led worship service for our 5th Sunday deanery Eucharist, followed by a pot-luck lunch. I hope everyone can come out and celebrate with us. Those who attended the deanery service in Danville last May will remember how wonderful it was to be worshipping with so many teenagers. This year we hope to get them even more involved in the service. Please print and share the poster that is attached with any teenagers you may know and post

one in your church for others to see. Please contact [lyndillabough@gmail.com](mailto:lyndillabough@gmail.com) to get a registration form

### ***St. John's Church Waterville and Christ Church Eustis Summer Schedule***

First Sunday of the month from May-October services will be held at the Christ Church Eustis Hall at 9:30 am. All the other Sundays services will be at St. John's Waterville, 9:30 am. Everyone welcome.

### ***Lectio Divina***

Lectio Divina continues to be on hiatus but will return later in April. A new time will be announced next week.

### ***Messy Church***

Messy Church continues on the first Wednesday of the month in Bury and the second Wednesday of the month in Danville at the same time as previously. The story in May will be Jesus visiting with the woman at the well.

### ***Monthly Services of Holy Eucharist in Senior Residences***

Third Wednesday of the month at the Wales Home, Richmond, 10:00 a.m. The Rev. Canon Fred Richardson celebrating, Ann Clark, pianist. Third Friday of the month at the Grace Village, 10:00 a.m. The Rev. Canon Fred Richardson celebrating assisted by Lorna Gordon, Sandra Gallichon, pianist. All are invited to attend.

### ***Confirmation Class***

St John's Church, Waterville - Confirmation classes to begin at St. John's, Waterville. All who are interested please contact the Rev. Ruth Charleau ASAP so that she can plan the starting date and get material for everyone. 12 years old and up.

### ***Post-Lenten Lenten Discussion Group, 6:00 – 8:00 pm***

St George's Church, Lennoxville - The Nicene Creed: What Does the Church REALLY Believe? A course on the Nicene Creed led by the Archdeacon. Conversation will take part over a soup supper.

### ***Education for Ministry - Year One: September 2016 until June 2017***

Beginning in September there will be an opportunity for new participants from the deanery to begin the Education for Ministry program. The deadline for registration is June 1<sup>st</sup>. Canon Lynn Dillabough is the registrar in the Deanery and co-mentors the program with the Rev. Ruth Charleau. You may contact her if you would like any more information. [lynndillabough@gmail.com](mailto:lynndillabough@gmail.com).

### ***Spring Walk-a-Thon for the Deanery Refugee Fund and PWRDF***

Members of the 3rd year Education for Ministry group are walking to raise money for the deanery refugee fund and PWRDF. Sponsors choose the recipient. This walk-a-thon is a little different, in that it takes place all spring. Walkers set their target number of hours they will walk between March 20 - June 20 and ask for donations per hour. So far, we are walking for about \$20 per hour, but we would like to increase that. Please contact the walker of your choice to make a pledge: Jane Bishop, Ruth Charleau, Lynn Dillabough, Joan Drinkwater, Sandra Gallichon, Lorna Gordon (shorter walks!), or Violet Konrad. They will explain their walking goals and help you choose an amount per hour that fits what you would like to give. Please contact us; we could use the motivation!!

### ***First Saturday of Every Month, 9:00 – 11:00 am***

St Matthias Church, Fitch Bay – Community Coffee hour. Coffee, tea and muffins. No charge. Everyone welcome.

### ***Thursday, April 21st, 11:30 - 1:00 pm***

St George's Church Hall, Lennoxville - Please join us for the last Third Thursday Soup Lunch of the season on April 21st at St George's Church Hall, Lennoxville from 11:30 to 1:00. Four delicious homemade soups: Cream of Tomato; Chicken, Lemon and Coconut; Corn Chowder; Beer and Cheese. Cornmeal Muffins and Lemon Squares for dessert. Tea and Coffee. No charge but donations would be gratefully accepted. We will be back in the Fall with all your favourite soups and delicious desserts.