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The Rev'd Canon W. Lynn Dillabough may be reached at 819-239-6902 or lynn@dillabough@gmail.com. If you would like a pastoral visit, please contact Jane Bishop at 819-887-6802 or Canon Lynn.

News and events:

Our best wishes for a happy birthday to Christie Lancaster and Ben Hodge on Tuesday and to Lionel Statton on Saturday.

Our congratulations and best wishes for a happy anniversary to Richard and Lynda Coates on Tuesday.

Our sympathy to the family and loved ones of the late Dorothy Hodge, especially to her son, Robert (Shirley) and her daughter, Leona.

Next Sunday, June 19th, our one-point parish service will be Holy Eucharist in St. John's Church Brookbury at 10:30 am with Canon Lynn officiating.

This Thursday, June 16th, at 6:30 pm in St George's Church Hall, Lennoxville – Semi-annual meeting of the Deanery New Ministry Model churches. Layreaders, wardens and treasurers should attend, but all members are invited to participate. Discussion will focus on the churches in the new model, but members of all of the deanery churches are welcome to attend.

Sunday, June 26th, 2:30 - 4:00 pm St Augustine's, Danville (73 rue du Carmel) - Going Away Party with Lynn Dillabough. - Going Away Party & Celebration of Ministry With Lynn Dillabough. This short worship service followed by cake and ice cream. There is no need to bring anything or to confirm your attendance. Please just come and enjoy a last time together before Lynn moves the next day.

Fort McMurray Fire Relief - St. Barnabas Church in North Hatley is receiving financial donations for the victims of Fort McMurray's massive fires. All donations will be doubled by the federal government as well as the Albertan government. St. Barnabas Church will match the first \$1,000 in donations to result in \$6,000 to aid families and individuals. \$1,000 + \$1,000 (St. Barnabas) + \$2,000 (Federal Gov't) + \$2,000 (Alberta Gov't) = \$6,000! Checks should be made out to St. Barnabas Anglican Church, (640 Sherbrooke Road, North Hatley, QC, J0B 2C0) Attention: Fort McMurray.

Sunday, June 19, 11:00 am Lennoxville, St George's Church – Father's Day Brunch after the morning service. A draw will be held during the event. The suggested contribution for the participants would be 5\$ / person and free of charge for children. A special Sunday School class has been added for Father's Day. No Sunday School for the rest of the summer.

Sentence: In this is love, that God loved us and sent his Son to be the expiation for our sins.
1 John 4.10

Collect: Almighty God, without you we are not able to please you. Mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

- **We pray for** God's people throughout the world; for Bishop Dennis, Bishop Bruce, Canon Lynn, for all in leadership, both lay and ordained. Grant them the gifts of wisdom and courage as they lead the church.

- **In our Diocesan** Fellowship of prayer, we pray for the Quebec Labrador Foundation, for Voluntary Student Work on Quebec's Lower North Shore, Newfoundland & Labrador and The Ven. Robert Bryan; for our Companion Dioceses of Moray Ross and Caithness in Scotland and Bishop Mark Strange, and for Bujumbura in Burundi and Bishop Eraste Bigirimana.

- **In the Provincial Prayer Cycle** we pray for the Diocese of Central Newfoundland and for Bishop David Torraville. **In the Anglican Cycle** of Prayer, we pray for The Church of Nigeria and for The Most Revd Nicholas Okoh Metropolitan & Primate of all Nigeria & Bishop of Abuja.

- **In the Ecumenical Prayer Cycle** we pray for Christian faith communities in Angola and Mozambique. We pray for the rebuilding of these countries devastated by civil war, for those who have been left homeless or who have fled as refugees, for children who have never known peace and who have been traumatized and victimized by war, for greater supplies of food and lower prices, so that the poor are able to afford to feed themselves and their families.

- **We give thanks for** our families, friends, and communities, and we ask blessings for Christie Lancaster, Ben Hodge, and Lionel Statton on their birthdays and for Richard and Lynda Coates on their anniversary.

- **We pray that God may reveal the light of His presence** to the weak and the sick, that they may be comforted and strengthened, and we pray especially for Joan Dougherty, The Ven. Robert Bryan, Sandra Hurd, Maria Garcia, Wanda Sylvester, Audrey Dougherty, and Erwin Watson.

- **We pray** for peace and justice throughout the world. **Amen.**

Chuckle: Three handsome male dogs are walking down the street when they see a beautiful, enticing, female Poodle. The three male dogs fall all over themselves in an effort to be the one to reach her first, but end up arriving in front of her at the same time. The males are speechless before her beauty, slobbering on themselves and hoping for just a glance from her in return.

Aware of her charms and her obvious effect on the three suitors, she decides to be kind and tells them "The first one who can use the words "liver" and "cheese" together in an imaginative, intelligent sentence can go out with me."

The sturdy, muscular black Lab speaks up quickly and says "I love liver and cheese." "Oh, how childish," said the Poodle. "That shows no imagination or intelligence whatsoever."

She turned to the tall, shiny Golden Retriever and said "How well can you do?" Um. I HATE liver and cheese," blurts the Golden Retriever.

"My, my," said the Poodle. "I guess it's hopeless. That's just as dumb as the Lab's sentence." She then turns to the last of the three dogs and says, "How about you, little guy?"

The last of the three, tiny in stature, but big in fame and finesse, is the Taco Bell Chihuahua. He gives her a smile, a sly wink, turns to the Golden Retriever and the Lab and says, "Liver alone. Cheese mine."

A Reading from the First Book of Kings... Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword.² Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow."

³ Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.⁴ But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors."

⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.⁷ The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."

⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. ⁹ At that place he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?"¹⁰ He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."¹¹ He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake;¹² and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence.¹³ When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?"¹⁴ He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."¹⁵ Then the Lord said to him, "Go, return on your way to the wilderness of Damascus. *1 Kings 19:1-4(5-7), 8-15a*
Psalms 42 and 43 (BAS page 758)

A Reading from the Letter of Paul to the Galatians...²³ Now before faith came, we were imprisoned and guarded under the law until faith would be revealed.²⁴ Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith.²⁵ But now that faith has come, we are no longer subject to a disciplinarian,²⁶ for in Christ Jesus you are all children of God through faith.²⁷ As many of you as were baptized into Christ have clothed yourselves with Christ.²⁸ There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus.²⁹ And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise. *Galatians 3:23-29*

The Holy Gospel of our Lord Jesus Christ according to Luke...²⁶ Then they arrived at the country of the Gerasenes, which is opposite Galilee.²⁷ As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs.²⁸ When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me"—²⁹ for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.)³⁰ Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him.³¹ They begged him not to order them to go back into the abyss.³² Now there on the hillside a large herd of swine was feeding; and the

demons begged Jesus to let them enter these. So he gave them permission.³³ Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.³⁴ When the swineherds saw what had happened, they ran off and told it in the city and in the country.³⁵ Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid.³⁶ Those who had seen it told them how the one who had been possessed by demons had been healed.³⁷ Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned.³⁸ The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying,³⁹ "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him. *Luke 8:26-39*

Reflection: People can be bound by all kinds of things. Some by fear--fear of dying, of illness, of becoming financially destitute, of being alone. Some by pain--the pain of a disease or the pain of a trauma that was inflicted on them. Some by addictions--to alcohol, drugs, food, and gambling, among others. Many who are addicted to something are usually trying to cover over the pain of a trauma they may have suffered. Then there are those bound by economic issues. Perhaps they simply cannot make enough money to support their family. Or they've made some bad choices and have gotten themselves into more debt than they can handle. Or they simply live in a place where a decent house costs more than a family can afford, and are strapped with a huge mortgage pay. Though it might not be apparent on the surface of things, our Gospel lesson for today has something to say about true freedom and where it is to be found. It's the story of a very strange encounter between Jesus and a man whose soul was incredibly tormented. Although people generally responded favourably to Jesus' healing miracles, they didn't do so in response to his exorcisms. When Jesus released people from whatever was tormenting them, those who witnessed it were afraid. In this case, they begged him to leave them. You would think that they would welcome one who could set them free from the powers of evil that oppressed them. So although Jesus couldn't stay to help the people of this place because they were so afraid of him, he left the man who had been set free as a living testimony to the truth that evil cannot prevail over God's freedom.

The real source of freedom from all the evil and pain and trauma and injustice that binds people in our world today is the power of God's kingdom at work among us and through us. I wish it could be as simple as "saying the word" and granting freedom to those who are suffering from the powers of evil in our world. Unfortunately, true freedom may only come for some people after years of work--whether it's overcoming trauma or digging out of debt. But I think the journey for those who are bound begins by those of us who have experienced God's freedom carrying out our calling to live as witnesses to that amazing good news. We can show them our broken chains as a testimony that God can give them the freedom they've always longed for.-- Alan Brehm

Chuckle: Two old friends met one day after many years. One attended college, and now was very successful. The other had not attended college and never had much ambition. The successful one said, "How has everything been going with you?"

"Well, one day I opened the Bible at random, and dropped my finger on a word and it was oil. So, I invested in oil, and boy, did the oil wells gush. Then another day I dropped my finger on another word and it was gold. So, I invested in gold and those mines really produced. Now, I'm as rich as Rockefeller." The successful friend was so impressed that he rushed to his hotel, grabbed a Gideon Bible, flipped it open, and dropped his finger on a page. He opened his eyes and his finger rested on the words, "Chapter Eleven."

