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News and events:

Welcome to St. John's Church, Brookbury. We are pleased that you have come to join us in worship this morning.

Our next service will be on Sunday, August 16th and we will meet in St. Paul's Church, Bury at 10:30am with Canon Lynn officiating. There will be no services in our other churches.

Our Happy Birthday wishes to Frances Goodwin on Tuesday and to Audrey Lowe on Thursday.

Our congratulations and best wishes for a happy anniversary to Dennis and Irma Chapman tomorrow and to Durwood and Belva Dougherty on Saturday.

This afternoon, August 9th, the Eaton Corner Museum will be presenting Old Fashioned Day from 1:00 to 5:00pm. Visitors can see demonstrations and displays of heritage crafts of our region, from tatting to timberframing. An entry fee of \$10 (children 10 and under are FREE) includes the demonstrations, a horse and wagon ride, children's activities, music, and a traditional tea service with homemade scones and jam. A hot dog lunch will be available from 11 am to 1:30 pm. Also new this year is museology and heritage consultant Brigitte Campeau who will give practical tips on how to preserve your family treasures, and ideas for making a family time capsule to keep for future generations.

At a special Diocesan Executive Council (DEC) meeting Bishop Drainville requested approval to hold an electoral synod for a coadjutor bishop as part of the already scheduled synod for Nov. 26 – 29, 2015. A coadjutor bishop has the right of succession and will automatically become the thirteenth Lord Bishop of Quebec when Bishop Drainville retires. In making the proposal Bishop Dennis remarked that his first seven years were demanding, stressful as he helped the diocese through some challenging times and that after ten years of leadership, he feels it is time for new gifts, abilities and leadership. The DEC approved the proposal and elected a six member selection committee to oversee the nomination process. The lay members are Ruth Sheeran, Stephen Kohner and Dale Keats. The clerics are Garth Bulmer, Wendy Telfer and Edward Simonton. In response to a question Bishop Dennis set out a timeline for the new bishop: election in November; ordination as coadjutor bishop in March 2016; begin to work in the diocese as coadjutor bishop the last week of April and Bishop Drainville will retire Dec. 1, 2016.

Sentence: I am the living bread which came down from heaven, says the Lord; anyone who eats this bread will live for ever. *John 6.51*

Collect: Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

- We pray for all people; for Dennis, our Bishop, Lynn, our Priest, for all who are in leadership, both lay and ordained. Grant them the gifts of wisdom and courage as they lead the church.

- In our Diocesan Fellowship of prayer, we pray for those involved with suicide prevention, praying for The Rev. Cynthia Patterson, Coordinator for Suicide Prevention Indigenous Ministries; we pray for our Companion Dioceses, The Diocese of Moray Ross and Caithness in Scotland and Bishop Mark Strange, and the Diocese of Bujumbura in Burundi and Bishop Eraste Bigirimana.

- In the Ecclesiastical Province of Canada, we pray for the Primate and the Council of General Synod, for Archbishop Fred Hiltz; in the Anglican Cycle of Prayer, we pray for The Rt Revd Dr Prince Singh of the Diocese of Rochester, USA.

- In the Ecumenical Prayer Cycle we pray for Christian faith communities in Aotearoa/New Zealand and Australia. We pray for the rights and lives of Aboriginal peoples, who have lived in Australia for thousands of years, for the rights of Maori people, who were the original inhabitants of Aotearoa/New Zealand, for those who witness to the strength of the Gospel to highly secularized cultures, for an end to discrimination against refugees and migrants seeking a better, safer life and for those who oppose violence and war.

- We pray for our families, friends, and communities and we ask blessings for Frances and Audrey on their birthdays and for Dennis and Irma and for Durwood and Belva on their anniversaries.

- We ask, O Lord, for your comfort and healing for all who are sick and suffering in any way, and for their families, remembering especially: Joan Dougherty, Earl Lancaster, Gordie Coates, and Janet Coates.

- We pray for a world of peace and justice for all. **Amen.**

A Scripture Prayer: Bread of life, you taught us to put away bitterness and anger, and with tenderhearted kindness to share the fruit of our labour with the needy. Strengthen us by your grace, that in communion with you, we may forgive one another and live in love as Christ loved us. **Amen.**

ACC Prayer of the Week: Prayers for those who are in pain today

Lord God, whose son, Jesus Christ, Understood people's fear and pain before they spoke of them
We pray for those in hospital. Surround the frightened with your tenderness
Give strength to those in pain. Hold the weak in your arms of love
And give hope and patience, To those who are recovering
We ask this through the same Jesus Christ, our Lord. **Amen.**

Prayer for the Diocese of Quebec: Loving God, fill us with your Spirit that we may live out with greater faithfulness your call to shine with Christ's light in acts of praise and reconciling love. Make us bearers of the Good News, ministers of your grace, and faithful stewards of your Church and Kingdom. In the name of Jesus Christ, your Son, our Lord. **Amen.**

A Reading from the First Book of Kings... ¹⁰Then David slept with his ancestors, and was buried in the city of David. ¹¹The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty-three years in Jerusalem. ¹²So Solomon sat on the throne of his father David; and his kingdom was firmly established. ³Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. ⁴The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar. ⁵At Gibeon the Lord appeared to Solomon in a dream by night; and God said, "Ask what I should give you." ⁶And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today." ⁷And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. ⁸And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. ⁹Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?" ¹⁰It pleased the Lord that Solomon had asked this. ¹¹God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, ¹²I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. ¹³I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. ¹⁴If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life." *1 Kings 2:10-12; 3:3-14*

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A Reading from the Letter of Paul to the Ephesians... ¹⁵Be careful then how you live, not as unwise people but as wise, ¹⁶making the most of the time, because the days are evil. ¹⁷So do not be foolish, but understand what the will of the Lord is. ¹⁸Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. *Ephesians 5:15-20*

The Holy Gospel of our Lord Jesus Christ according to John... ³⁵Jesus said to the people, ⁵¹ "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." ⁵²The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" ⁵³So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵for my flesh is true food and my blood is true drink. ⁵⁶Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." *John 6:51-58*

A short reflection: For four Sundays in a row our lectionary has been in the 6th chapter of John where we've heard Jesus repeatedly claim, "I am the Bread of Life." Jesus is both host and menu.

"I am the Living Bread that came down from heaven," he says. "Whoever eats of this bread will live forever, and the bread that I will give for the life of the world is my flesh." This is in chapter 6, but later in chapter 13 during the Last Supper he adds to the Passover remembrance a promise: "This is my body," and "This is my blood."

Our Eucharist, Lord's Supper, Holy Communion, is more than a mere remembrance of what once was; it is the bread of life itself, the cup of salvation. The very physical and tangible presence of the crucified and risen Christ incorporated into our very being!

Chuckles: A new soldier was on sentry duty at the main gate. His orders were clear. No car was to enter unless it had a special sticker on the windshield. A big Army car came up with a general seated in the back. The sentry said, "Halt, who goes there?"

The driver, a corporal, says, "General Wheeler."

"I'm sorry, I can't let you through. You've got to have a sticker on the windshield."

The general said, "Drive on!"

The sentry said, "Hold it! You really can't come through. I have orders to shoot if you try driving in without a sticker."

The general repeated, "I'm telling you, son, drive on!"

The sentry walked up to the rear window and said, "General, I'm new at this. Do I shoot you or the driver?"

By the time a sailor pulled into a little town every hotel room was taken. "You've got to have a room somewhere," he pleaded. "Or just a bed, I don't care where."

"Well, I do have a double room with one occupant - an Air Force guy," admitted the manager, "and he might be glad to split the cost. But to tell you the truth, he snores so loudly that people in adjoining rooms have complained in the past. I'm not sure it'd be worth it to you."

"No problem," the tired Navy man assured him. "I'll take it."

The next morning, the sailor came down to breakfast bright-eyed and bushy-tailed.

"How'd you sleep?" asked the manager.

"Never better."

The manager was impressed. "No problem with the other guy snoring?"

"Nope. I shut him up in no time," said the Navy guy.

"How'd you manage that?" asked the manager.

"He was already in bed, snoring away, when I came in the room," the sailor explained. "I went over, gave him a kiss on the cheek, and said, 'Goodnight beautiful,' ...and he sat up all night watching me."

A minister who was very fond of pure, hot horseradish always kept a bottle of it on his dining room table. He offered some to a guest, who took a big spoonful.

When the guest finally was able to speak, he gasped, "I've heard many ministers preach hellfire, but you are the first one I've met who passed out a sample of it."

